

TECHNOLOGY DEPARTMENT



NCEA LEVEL 1 FOOD and NUTRITION 2019

This course is made up of **FOUR** Achievement Standards, adding up to 19 Credits.

There are **THREE** internally assessed and **ONE** externally assessed Achievement Standards (19 Credits). **This is an NCEA Endorsed course. You can get Endorsement if you get 14 credits or higher at Merit level (Endorsed with Merit) or 14 credits or higher at Excellence level (Endorsed with Excellence).**

ACHIEVEMENT STANDARD

Number	Standard Title	Credits	Literacy	No of Weeks
AS 90956 V3 (AS 1.1)	Demonstrate knowledge of the nutritional needs of a nominated individual. Title: Food that Fits	5	No	7
AS 90957 V3 (AS 1.2)	Describe how influences on an individual's food choice may affect their well-being. Title: Healthy Influence	5	Yes	7
AS 90959 V3 (AS 1.4)	Demonstrate knowledge of practices and strategies to address food handling issues. Title: Safe Food is Good Food	5	Yes	7

ONE Achievement Standard (4 Credits) is assessed by means of an external exam at the end of the year.

Number	Standard Title	Credits	Literacy	No of Weeks
AS90961 V3 (AS 1.6)	Describe how nutritional information and packaging can influence well-being through food choices.	4	Yes	All Year

You can gain the following GRADES in each Achievement Standard.

- N = Not Achieved = Did not achieve the Standard
A = Achieved = Achieved the Standard
M = Merit = Achieved the Standard demonstrating very good work
E = Excellence = Achieved the Standard demonstrating excellent work

Authenticity

All assessed work is expected to be your own. Teachers may question students if there is doubt regarding an assessment. Copying or presenting work that is not yours will result in credits not being awarded.

Pre Requisites for Level 2 Home Economics (Food and Nutrition) in 2020

Students will need to have a minimum of 15 credits including A.S 1.1

HOW TO ACHIEVE IN FOOD AND NUTRITION

➤ **What can I do?**

- Attend class regularly
- Get to class on time
- Bring required equipment to class
- Become familiar with the course outline
- Keep a diary of due dates for assessment activities
- Organise work in folders
- Work honestly, putting every effort into your work
- Be open to receiving guidance and direction from your teacher
- Ask for help if you need it
- Do revision regularly (minimum 5 days a week for 30 minutes each day)

➤ **Homework Expectations**

- Homework is an extension of your learning in class
- It involves completing activities began in class
- It involves reading over material given in class for clarification and understanding
- Homework is a process of consolidating learning and it allows us to learn at our own pace
- Get into the habit early in the year of completing homework
- Highlight or make notes about what you don't understand so you can ask your teacher at the next opportunity.

➤ **Parents/Family Members/Caregivers can support your learning by:**

- Providing opportunities for you to do your homework and revision
- Asking about your work and offering help
- Checking due dates for work completion and helping you plan your time
- Providing feedback on your work
- Believing you are capable and encouraging your efforts
- Determining what is a sensible and realistic amount of revision and homework.