

# TAITA COLLEGE

## Level 1 Physical Education & Health PED101

Physical Education & Health is a compulsory Year 11 course at Taita College. It is valued in its contribution to both students' Hauora and academic achievement based on assessment opportunities that make a significant contribution to NCEA level one and literacy.

The total number of credits available in this course is **20 Level 1 credits**. To achieve either a Merit or Excellence endorsement in this course you need to achieve a **minimum of 14 credits across PE only standards** at either Merit or Excellence level.

Students will be required to meet assessment submission dates with any reassessment opportunity being at the discretion of their teacher in consultation with the HOD Physical Education.

***The wearing of FULL Taita College PE uniform is a requirement of this course.***

Course Donation: **\$40**

***A selection of the achievement standards that may be offered this year are:***

Standard	Title	Credits	Internal/ External	L1 Lit/Num
AS 90962 1.1 PE	Participate actively in a variety of physical activities and explain factors that influence own participation.	5	Internal	X
AS 90970 1.9 PE	Demonstrate self-management strategies and describe the effects on participation in physical activity.	3	Internal	L1 Literacy
AS 90963 1.2 PE	Demonstrate understanding of the function of the body as it relates to the performance of physical activity	5	Internal	L1 Literacy
AS 90964 1.3 PE	Demonstrate quality movement in the performance of a physical activity	3	Internal	X
AS 90966 1.5 PE	Demonstrate interpersonal skills in a group and explain how these skills impact on others	4	Internal	L1 Literacy