

TAITA COLLEGE

Level 1 Physical Education & Health

PED101 2017

Physical Education & Health is a compulsory Year 11 course at Taita College. It is valued in its contribution to both students' hauora and academic achievement based on assessment opportunities that make a significant contribution to NCEA level one and literacy.

The total number of credits available in this course will depend on the achievement standards that students choose and enter which they will be advised and guided upon by their teacher.

A minimum of 5 standards (or 17 credits) need to be selected over the course of the year. There is no maximum number of standards allowed to be studied however to achieve either a Merit or Excellence endorsement in this course you need to achieve a **minimum of 14 credits across PE only standards** at either Merit or Excellence level.

Students wishing to continue a course in physical education at level 2 must achieve the minimum of 17 credits in this course.

Students will be required to meet assessment submission dates with any reassessment opportunity being at the discretion of their teacher in consultation with the HOD Physical Education.

The wearing of FULL Taita College PE uniform is a requirement of this course.

Course Fee: **\$40**

A selection of the achievement standards that may be offered this year are:

Standard	Title	Credits	Internal/ External	L1 Lit/Num
AS 90966 1.5 PE	Demonstrate interpersonal skills in a group and explain how these skills impact on others	4 credits	Internal	L1 Literacy
AS 90964 1.3 PE	Demonstrate quality movement in the performance of a physical activity	3 credits	Internal Practical 4km Run	X
AS 90962 1.1 PE	Participate actively in a variety of physical activities and explain factors that influence own participation.	5 credits	Internal	X
AS90968 1.7 PE	Demonstrate, and show understanding of, responsible behaviour for safety during outdoor education activities	3 credits	Internal Outdoor Activities	L1 Literacy
AS 90963 1.2 PE	Demonstrate understanding of the function of the body as it relates to the performance of physical activity	5 credits	Internal	L1 Literacy
AS90965 1.4 PE	Demonstrate understanding of societal influences on physical activity and the implications for self and others	4 credits	Internal	L1 Literacy
AS 90970 1.9 PE	Demonstrate self- management strategies and describe the effects on participation in physical activity	3 credits	Internal	L1 Literacy
AS90975 1.6 Health	Demonstrate understanding of issues to make health enhancing decisions in drug related situations.	4 credits	External By examination term 4	L1 Literacy