

TAITA COLLEGE

L3 Physical Education

PED 321

Total Number of credits available in this course: **30 Level 3**

The wearing of FULL Taita College PE uniform is a requirement of this course.

Course Donation: **\$40** – this fee subsidises the externally provided unit standards and is required by the end of term one.

Any reassessment opportunity is at the discretion of the teacher in consultation with the HOD Physical Education.

Pre Requisites: Must have experience in PED course or at discretion of Physical Education HOD.

Standard	Title	Credits	Internal/ External	L1 Lit/Num	Assessment Date
US 21414	Event Management Plan and run a recreational activity	4	MIT/ Internal	X	Term 1
US 22771	Role of the Coach (Planning) Plan a beginner level coaching session for sports participants	4	MIT/ Internal	X	Term 1
US 22768	Role of the Coach (conduct and review) Conduct and review a beginner level coaching session	6	MIT/ Internal	X	Term 1/2
US 20673	Sport Injuries Demonstrate knowledge of injury prevention and risk and injury management in sport or recreation	4	MIT/ Internal	X	Term 2
US 7021	Exercise Prescription Demonstrate Exercise Techniques	8	MIT/ Internal	X	Term 3/4
AS 91330 3.4 PE	Perform a physical activity in an applied setting	4	Internal	X	Term 2/3

This course is ***not*** endorsable, but does lead to a Level 3 Certificate of Achievement in Sports Studies from MIT